



RAILWAY RECRUITMENT CELL EASTERN RAILWAY

NKG Building, 11th Floor, 14- Strand Road, Kolkata-700001

No. RRC-ER/CEN-08/2024/PET (479)

Date: 07.09.2026

**Subject: Submission of Self-Declaration by Female Candidates for PET against
CEN 08/2024 — Annexure-A**

All female candidates who are shortlisted and called to appear for the Physical Efficiency Test (PET) against CEN 08/2024 are hereby informed of the following:

1. In accordance with Railway Board letter No. E(NG)II/2021/RR-1/30 dated 11.07.2024, and as notification of CEN 08/2024 under Para 14.2.6 of CEN 08/2024, every female candidate appearing for the PET is required to submit a self-declaration in the prescribed Annexure-A format.
2. Purpose: This self-declaration pertains to the candidate's fitness and medical status (including pregnancy status, where applicable) at the time of undertaking the Physical Efficiency Test, and is mandatory as per extant Railway Board guidelines.
3. Format: The Annexure-A self-declaration format is enclosed/provided below.
4. Instructions to Candidates:
 - ✓ Download and take a clear printout of the Annexure-A self-declaration format.
 - ✓ Fill in all required details legibly and completely in your own handwriting, wherever applicable.
 - ✓ Sign the declaration at the designated place.
 - ✓ Carry the duly filled and signed self-declaration to the PET venue.
5. Submission: The signed self-declaration must be submitted at the PET venue before commencement of the test, along with other required documents (as mentioned in your e-call letter).
6. Mandatory Requirement: Submission of this self-declaration is compulsory for all female candidates. Candidates who fail to submit the duly filled Annexure-A at the venue may not be permitted to appear for the PET.
7. Candidates are advised to carry their own pen and an extra photocopy of the filled declaration for their own record.

Candidates are requested to read this notice carefully and comply with the above instructions to avoid any inconvenience at the exam venue.

-Sd-
Asst. Personnel Officer/Rectt./ER
for, Principal Chief Personnel Officer
Eastern Railway

SELF-DECLARATION FOR FEMALE CANDIDATES

(Physical Efficiency Test – Recruitment for Level-1 Posts under CEN: 08/2024)

Candidate's Name	
Registration No.	
Roll No.	
PET Venue	

In accordance with Railway Board letter No. E(NG)II/2021/RR-1/30 dated 11.07.2024, and as notification of CEN 08/2024 under Para 14.2.6 of CEN 08/2024, female candidates are required to provide a self-declaration regarding their current medical status to ensure appropriate safety measures.

Please read the following options carefully and Tick (✓) the statement that applies to you:

Option A — Not Pregnant

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- ❖ I hereby declare that I am not pregnant at present. I wish to participate in the Physical Efficiency Test (PET) scheduled for today.
- ❖ I understand that in case of an incorrect or false declaration, all risks of undergoing physical activities of the PET will be entirely my own.

Option B — Pregnant

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- ❖ I hereby declare that I am pregnant at present.
- ❖ I understand that a confirmatory pregnancy test will be conducted by the medical authorities.
- ❖ I understand that if the test confirms my pregnancy, I will be declared temporarily unfit for PET at this stage, irrespective of the duration of the pregnancy.
- ❖ I am aware that my empanelment will be held in abeyance until the confinement is over.
- ❖ I understand that I will be re-examined for PET six (6) weeks after the date of confinement, subject to the production of a medical fitness certificate from a registered medical practitioner.

I hereby certify that the information provided above is true, complete, and correct to the best of my knowledge. I have read and understood the rules regarding the Physical Efficiency Test relaxation and medical requirements as detailed in the recruitment guidelines.

Date:

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(Signature of the candidate)

Place: